

# Complete Organic Nutritional Beverage



For Weight Gain



For Fussy Eaters



For Breakfast Skippers



For Active Kids



## Leading Brand Comparison

Nutrients	8 fl oz	PediaSmart®	PediaSure®
Energy	cal	<b>237</b>	237
Protein	g	<b>7</b>	7
Fat (Lipids)	g	<b>9</b>	9
Carbohydrate	g	<b>31</b>	31
L-Carnitine	mg	<b>4</b>	4
Taurine	mg	<b>17</b>	17
Water	g	<b>207</b>	200
<b>Vitamins</b>			
Vitamin A	IU	<b>380</b>	380
Vitamin D	IU	<b>120</b>	120
Vitamin E	IU	<b>5.4</b>	5.4
Vitamin K1	mcg	<b>14</b>	14
Vitamin C	mg	<b>24</b>	24
Folic Acid	mcg	<b>71</b>	71
Thiamin (B1)	mg	<b>0.64</b>	0.64
Riboflavin (B2)	mg	<b>0.5</b>	0.5
Vitamin B6	mg	<b>0.62</b>	0.62
Vitamin B12	mcg	<b>1.4</b>	1.4
Niacin	mg	<b>2.4</b>	2.4
Choline	mg	<b>71</b>	71
Biotin	mcg	<b>45</b>	45
Pantothenic Acid	mg	<b>2.4</b>	2.4
Inositol	mg	<b>19</b>	19
<b>Minerals</b>			
Sodium	mg	<b>90</b>	90
Potassium	mg	<b>310</b>	310
Chloride	mg	<b>240</b>	240
Calcium	mg	<b>230</b>	230
Phosphorus	mg	<b>200</b>	200
Magnesium	mg	<b>47</b>	47
Iodine	mcg	<b>23</b>	23
Manganese	mg	<b>0.36</b>	0.36
Copper	mg	<b>0.24</b>	0.24
Zinc	mg	<b>1.4</b>	1.4
Iron	mg	<b>3.3</b>	3.3
Chromium	mcg	<b>7.1</b>	7.1
Molybdenum	mcg	<b>8.5</b>	8.5
Selenium	mcg	<b>7.6</b>	7.6

PediaSmart® is the Smart Organic Choice™ offering excellent nutrition as a healthy beverage, quick breakfast and for a child in need of added calories. Available in organic chocolate and organic vanilla flavors, PediaSmart® is recommended for children ages 1 through 13 years. PediaSmart® is the ONLY organic beverage on the U.S. market offering complete organic nutrition. This beverage is nutritionally comparable to PediaSure® and meets 100% of the Dietary Reference Intakes (DRI) for protein, fat, carbohydrate, vitamins & minerals. PediaSmart® can be used as a sole source of nutrition under the supervision of a healthcare professional.\*

\* Not intended for infants less than 12-months of age.

Do not use for children with genetic disorder galactosemia.

May be used in a feeding tube under the supervision of a healthcare professional.

### For more information:

www.NaturesOne.com  
info@NaturesOne.com  
1-888-227-7122



Certified Organic by OneCert