

# PediaSmart®

## Nutritional Comparison to other Brands



### Comparison to PediaSure® Dairy-Based

Nutrients	Units	PediaSmart®	PediaSure®
		Dairy* 8 fl oz	Enteral Formula 1.0 Cal Dairy 8 fl oz
Energy	cal	240	240
Protein	g	7.4	7
Fat (Lipids)	g	9.4	9
Carbohydrate	g	31.4	33
Fiber	g	0	0
L-Carnitine	mg	4	4
Taurine	mg	0	18
<b>Vitamins</b>			
Vitamin A	IU	123	500
Vitamin D	IU	120	160
Vitamin E	IU	6.0	6.0
Vitamin K1	mcg	16	16
Vitamin C	mg	24	24
Folic Acid (B9)	mcg	32	60
Thiamin (B1)	mg	0.6	0.6
Riboflavin (B2)	mg	0.5	0.5
Vitamin B6	mg	0.6	0.6
Vitamin B12	mcg	1.5	1.5
Niacin (B3)	mg	1.3	2.0
Choline	mg	83	83
Biotin (B7)	mcg	45	45
Pantothenic Acid (B5)	mg	2.5	2.5
Inositol	mg	20	20
<b>Minerals</b>			
Sodium	mg	93.6	90
Potassium	mg	316.8	310
Chloride	mg	270	270
Calcium	mg	324.5	250
Phosphorus	mg	216	200
Magnesium	mg	27.6	40
Iodine	mcg	23	23
Manganese	mg	0.29	0.40
Copper	mg	0.20	0.20
Zinc	mg	0.7	1.5
Iron	mg	3.3	2.7
Chromium	mcg	7.2	12
Molybdenum	mcg	7.5	7.5
Selenium	mcg	7.0	7.0

### Comparison to Bright Beginnings® Soy

Nutrients	Units	PediaSmart®	Bright
		Soy 8 fl oz	Beginnings® Soy 8 fl oz
Energy	cal	240	240
Protein	g	7.4	7
Fat (Lipids)	g	9.4	12
Carbohydrate	g	31.4	26
Fiber	g	1	3
L-Carnitine	mg	4	NS
Taurine	mg	0	NS
<b>Vitamins</b>			
Vitamin A	IU	123	500
Vitamin D	IU	120	120
Vitamin E	IU	5.5	6.0
Vitamin K1	mcg	16	8
Vitamin C	mg	24	24
Folic Acid (B9)	mcg	32	80
Thiamin (B1)	mg	0.6	0.60
Riboflavin (B2)	mg	0.5	0.5
Vitamin B6	mg	0.6	0.60
Vitamin B12	mcg	1.5	1.5
Niacin (B3)	mg	1.3	4.0
Choline	mg	83	82.5
Biotin (B7)	mcg	45	75
Pantothenic Acid (B5)	mg	2.5	2.5
Inositol	mg	8	NS
<b>Minerals</b>			
Sodium	mg	106.7	90
Potassium	mg	420	370
Chloride	mg	202	272
Calcium	mg	213	250
Phosphorus	mg	142	200
Magnesium	mg	36	40
Iodine	mcg	23	22.5
Manganese	mg	0.36	0.80
Copper	mg	0.13	0.20
Zinc	mg	0.7	3.0
Iron	mg	3.3	3.6
Chromium	mcg	9	12.0
Molybdenum	mcg	19.2	11.25
Selenium	mcg	7.0	7.0

PediaSmart® is the Smart Organic Choice™ for children behind the growth curve, breakfast skippers and food sensitive kids. Even picky eaters love its great taste! PediaSmart® is nutritionally comparable to leading brands and is the ONLY organic complete nutrition beverage mix on the U.S. market. This supplemental beverage meets or exceeds 100% of the Dietary Reference Intakes (DRI) for protein, fat and carbohydrate. PediaSmart® may be used as a complete source of nutrition under the direction of a healthcare professional.\*

PediaSmart® is a good option for children with food sensitivities as it is gluten free, suitable for kids with a lactose intolerance and made without corn syrup. Additionally, PediaSmart® Soy is recommended for children with a cow's milk protein allergy or sensitivity and is excellent for families who prefer a vegetarian diet.

\*May be used in a feeding tube under special instruction and supervision of a healthcare professional.

**PediaSmart® Dairy is not for children with the genetic disorder galactosemia.**

PediaSmart is a registered trademark of Nature's One, Inc.

PediaSure® is a registered trademark of Abbott Laboratories.

Bright Beginnings® is a registered trademark of PBM Products LLC.

NS: Not Stated